

# MY PLAN MY FUTURE



## RESOURCE GUIDE

College and  
Career Readiness  
Resources

Job Training  
Resume Writing  
Interviewing Skills

Goal Setting  
Life Skills Training

Mental Health and  
Substance Abuse  
Counseling



# EVANSTON CRADLE TO CAREER

## What is Cradle to Career?

What is Cradle to Career?

Evanston is a diverse community with many resources. There are many needs to be met. Evanston Cradle to Career works to provide the resources needed to support all of our youth in reaching their full potential.

We work with local organizations to help our youth be successful in their neighborhoods, schools, work and community. We work for fairness by building trust. Our goal is that all young adults in Evanston have a plan for after high school and the skills and supports to help them be successful.

Evanston Cradle to Career focuses on these five areas:

- Wellbeing, Health and Safety
- Supporting Parents/ Caregivers in Beginning Stages of a Child's Life
- Literacy
- Summer Learning
- Preparing all Children for Adult Life



**RESOURCES FOR  
TEENS AND PARENTS**

# RESOURCE GUIDE MAP

## Look for the Icon for Services Offered



### SERVICES OFFERED AT ETHS

- ACT Prep
- Academic Mentoring
- Social Skill Building
- Goal Setting and Empowerment
- After-School Programs
- Substance Abuse Counseling
- College Application Assistance
- Job Training and Career Readiness



### COLLEGE AND CAREER READINESS

- ACT Prep
- Academic Mentoring
- Social Skill Building
- After-School Programs
- College Application Assistance



### JOB TRAINING

- Resume Writing
- Interview Skills Training
- Goal Setting
- Life Skills Training
- Independent Living Skills



### SOCIAL SERVICES

- Empowerment
- Teen Parents
- Legal Services
- Mental Health Counseling
- Substance Abuse Counseling
- Resolution Dispute Services
- Services for those with Developmental Disabilities



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## CEDA

CEDA offers a variety of programs for low-income families including case-management, employment assistance, dental, auto, vision, and nutrition services.

**Phone:** 847-328-5166 ext. 5416

**Address:** 2010 Dewey Ave, 3rd Floor  
Evanston, IL 60201



## Center for Independent Futures

Supports people with disabilities to live on their own through planning, life skills tutoring and goal setting. In home tutoring is available.

**Phone:** 847-328-2044 **Address:** 1015 Davis St., Evanston, IL 60201

**Website:** [www.independentfutures.com](http://www.independentfutures.com)

## Connections for the Homeless

Transitional living program for youth who are homeless. Offers rental assistance for families in the Skokie/ Evanston school districts. Services prepare youth for living on their own. Includes education and financial support as well as life skills training.

**Phone:** 847-475-7070 **Address:** 2121 Dewey, Evanston, IL 60201

**Website:** [www.Connect2home.org](http://www.Connect2home.org)

## Curt's Cafe

Provides training for Evanston youth ages 15- 22 in food service and life skills. Students receive support with job placement and transition to full time employment.

**Phone:** 847-424-7163

**Address:** North, 2922 Central St., Evanston, IL 60201

South, 1813 Dempster St., Evanston, IL 60201

## ETHS College and Career Services

ETHS College and Career Services is a resource center at ETHS for all students looking for help related to achieving their goals after high school. These may be college, trade school or work goals.

**Phone:** 847-424-7163

**Website:** <https://www.eths.k12.il.us/ccs>

## Evanston Scholars

This six year program provides support for students interested in going to college.

**Phone:** 847-866-0252 **Address:** 1234 Sherman Ave., Evanston, IL 60201

**Website:** [www.evanstonscholars.org](http://www.evanstonscholars.org)



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## Evanston Public Library

Provides space for teens to study and get support from library staff.

**Phone:** 847-448-8600 **Address:** 1703 Orrington Ave.,  
Evanston, IL 60201

**Website:** [www.epl.org](http://www.epl.org)



## Evanston Rebuilding Warehouse

Education and job training in retail, warehouse work and deconstruction.

**Phone:** 847-864-9246

**Address:** 2101 Dempster Ave., Evanston, IL 60202

**Website:** [www.EvanstonReBuildingWarehouse.org](http://www.EvanstonReBuildingWarehouse.org)

## Family Focus

Support for teen parents. Programs include early childhood development program for parents of kids ages 0- 3 and workshops for parents ages 16- 40. Offers father's support group for ages late teen to early twenties. Family support services for DCFS.

**Phone:** 847-475-7570

**Address:** 2010 Dewey, Evanston, IL 60202

**Website:** [www.Family-focus.org](http://www.Family-focus.org)



## Have Dreams

Support for children, teens and young adults impacted by Autism Spectrum Disorder (ASD). Offers after school, workplace, training and adult day programs. Also offers family support services.

**Phone:** 847-905-0702

**Address:** 2020 Dempster St., Evanston, IL 60202

**Website:** [www.havedreams.org](http://www.havedreams.org)

## James B. Moran Center for Youth Advocacy

Offers legal and social work services to Evanston families and youth ages 21 and younger. Attorneys provide special education, juvenile and criminal law representation. Social workers provide case management and therapy. The expungement help desk at the Skokie courthouse is open to everyone.

**Phone:** 847-492-1410

**Address:** 1123 Emerson Suite 203, Evanston, IL 60201

**Website:** [www.moran-center.org](http://www.moran-center.org)

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## Leaders Up

Job support, training and career opportunities for youth ages 18- 24.

**Address:** 1700 W. 18th St. 3rd Fl., Chicago, IL 60608

**Website:** [www.leadersup.org](http://www.leadersup.org)



## National Able Network

Provides support for young adults 18 years and older looking for careers. Also provides training in career development.

**Phone:** 855-994-8300

**Address:** Evanston Public Library, 1703 Orrington Ave., Evanston, IL 60201

**Website:** [www.nationalable.org](http://www.nationalable.org)

## Oakton Community College

Oakton Community College offers both degree and certificate programs. Oakton has two campuses, one in Des Plaines and one in Skokie. In addition, Oakton offers online courses.

**Phone:** 847-635-1700

**For More Information Email:** [admission@oakton.edu](mailto:admission@oakton.edu)

## Options for College Success

Academic support for teens. Also offers career planning and life skills support.

**Phone:** 847-425-4797

**Address:** 820 Davis St., Ste: 455, Evanston IL, 60201

**Website:** [www.optionsforcollegesuccess.org](http://www.optionsforcollegesuccess.org)

## The Evanston Work Ethic Program

This program provides hard working juniors and seniors access to high paying jobs. The students must earn a two year degree or professional certificate. Support and scholarships are provided.

**Phone:** 847-477-0025.

**Address:** 1904 Green Bay Road, Evanston, IL 60201

**Website:** [www.evanstonwe.org](http://www.evanstonwe.org)

## PEER Services

Drug and alcohol abuse prevention. Also provides outpatient treatment services including D.U.I classes.

**Phone:** 847-492-1778

**Address:** 906 Davis St., Evanston, IL 60201

**Website:** [www.peerservices.org](http://www.peerservices.org)



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## Youth and Opportunity United (Y.O.U.)



This is a program that helps students connect to resources at ETHS and in the community. Y.O.U. offers tutoring, planning for after high school, exposure to art, science, poetry and physical health. There is also help with daily homework in an after school program. Youth enrolled in Y.O.U. can also receive mental health counseling.

**Phone:** 847-866-1200

**Address:** 1911 Church St., Evanston, IL 60201

**Website:** [www.youthopportunity.org](http://www.youthopportunity.org)

## Youth Job Center



Provides job readiness training for youth and young adults. Once enrolled, staff provide post high school planning, job placement and job maintenance support.

**Phone:** 847-864-5627

**Address:** 1114 Church St., Evanston, IL 60201

**Website:** [www.youthjobcenter.org](http://www.youthjobcenter.org)

## Youth and Young Adult Division @ The City of Evanston



Provides job training and job placement. Offers social and recreational activities and other support as needed. Also offers dispute and violence resolution services.

**Phone:** 847-448-8042

**Address:** Lorraine H. Morton Civic Center, 2100 Ridge Ave., Evanston, IL 60201.

## YMCA Achievers



YMCA Achievers is for students who need extra help to finish high school or go on to college. Staff supports students freshman year through two years post high school in school or work.

**Phone:** 847-475-7400

**Address:** 1000 Grove St., Evanston, IL 60201

**Website:** [www.mcgawymca.org](http://www.mcgawymca.org)

## YWCA



Women's empowerment, racial justice, domestic violence and relationship programs.

**Phone:** 847-864-8445

**Address:** 1215 Church St., Evanston, IL 60201

**Website:** [www.ywca-ns.org](http://www.ywca-ns.org)



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**BRYAN RICHARDS**

Bryan Richards felt right at home when he started working with Youth Job Center. He was employed with the Summer Corps program as a Camp Counselor and as an ABC booster intern. He enjoyed working with the younger students, and states they made him smile. Brian graduated from ETHS and is now enrolled at Oakton Community College. His dream is open a doggie daycare some day.



Youth Job Center



# PREPARED FOR ADULT LIFE ACTION TEAM

## Goal

Our goal is that all young adults in Evanston have a plan for after high school and the skills and supports make that plan work.

## Key Objectives

- All young adults will graduate from high school or obtain an equivalency diploma.
- By age 23, all young adults will have a plan.



## Initial Focus

The Prepared for Adult Life Action Team has focused on identifying resources available to help youth to build the foundation they need for a solid transition to post-secondary education or a career. They are now working with those programs and supports to build individualized post-high school plans for young people at Evanston Township High School, working with high school staff and nonprofit organizations involved with our community's young people. The team has also surveyed both employers and youth to better understand the disconnect between employer needs and youth skills and availability to inform strategies for intervention and maximize youth employment both during and after high school.

*YOUR FUTURE SUCCESS!*





**"CHANGE WILL NOT COME IF WE WAIT FOR SOME OTHER PERSON  
OR IF WE WAIT FOR SOME OTHER TIME. WE ARE THE ONES WE'VE  
BEEN WAITING FOR. WE ARE THE CHANGE WE SEEK."**

**- BARACK OBAMA**

**Resource guide is brought to you by the Prepared for Adult Life Action Team:**

The Prepared for Adult Life Team supports all Evanston youth in the transition from high school to adult life. They are working to introduce students to people in Evanston who can help them reach their goals.



[www.EvanstonC2C.org](http://www.EvanstonC2C.org)